



*Our Mission: To improve the quality of life for those affected by lupus through advocacy, education, awareness, empowerment, and research.*

# Lupus Communiqué

Lupus Foundation of Mid and Northern New York, Inc.

Volume 10, No. 1, Autumn 2011

## RECORDBREAKING RESEARCH DONATION



Lupus Research Institute Chairmen Robert Ravitz (left) and Jack Lavery (right center) receive our largest ever Research Donation of \$31,000 which represents 1/3 of our annual income for 2011 from Lupus Foundation of Mid and NNY President/CEO Kathleen Arntsen (left center) and Board Member Jackie Taylor (right) on October 17th at the LRI Annual Scientific Meeting at the New York Marriott Marquis. We have now donated \$182,500 to the LRI in the past 10 years.

# *The Lupus Communiqué*

*Is published four times a year by  
Lupus Foundation of Mid and  
Northern New York, Inc.*

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**Editor: David L. Arntsen**

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## DISCLAIMER

It is the policy of the Lupus Foundation of Mid and Northern New York, Inc. to publish articles on Lupus and related diseases that have been written by physicians, nurses, and other healthcare providers and medical professionals. The opinions and statements expressed by the authors or contributors to this publication do not necessarily reflect the opinions or positions of The Lupus Communiqué, or Lupus Foundation of Mid and Northern New York, Inc.

The material published herein is provided for informational purposes only and does not imply endorsement of any specific treatment, product, clinical trial, company or organization. We oppose self-diagnosis and self-treatment and urge readers to discuss any concerns they may have regarding diagnosis and treatment with their physicians. All rights reserved. No material in this issue may be copied or published without the express written consent of Lupus Foundation of Mid and Northern New York, Inc. Thank you.

## BOARD OF DIRECTORS

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*Nephrologist*

**Allan Smiley, MD**  
*Rheumatologist*



*Please consider Memorial and Tribute contributions to our organization. It is a wonderful way to honor or remember someone special in your life while also supporting the lupus cause. If you belong to a Service or Fraternal organization, or participate in a workplace-giving program such as: CFC, SEFA, UNITED WAY, IBM or other campaign, please remember to designate our organization.*

Lupus Foundation of Mid and Northern New York, Inc. is a tax-exempt charitable organization eligible to receive tax-deductible contributions under IRS Code Section 501(c)(3). Our federal tax identification number is 16-1083229 and a copy of our latest annual report may be obtained upon request from us or The NYS Attorney General's Charities Bureau at 120 Broadway, NY, NY 10271.

**EDITOR'S NOTE**

*Suggestions or comments on the newsletter are always welcome. Please contact us with any address changes or other corrections to ensure accuracy in the database. If an address is incorrect the Post Office will not deliver under their revised policies and the mail piece will be returned and we will be charged a fee. Please notify us immediately of any changes to avoid extra postal fees. As Technical Director I also invite your input and assistance in improving our organization's operations, especially in maintaining our website. Thank you.*

*Dave Arntsen*

## *President's Message—*

It is Valentine's Day and while I stare at the blank page before me, the wind relentlessly rattles the windows causing the stained glass sun catchers to jangle against the panes. Although they are a reminder of sun drenched images and bring hope for an early spring, they are an obvious distraction. Needing direction, I turn to music for soul-stirring inspiration. With a couple of mouse clicks my playlists appear and I am swaying to Michael Bublé and "Come Fly With Me." The technology of today allows anyone the ability to easily navigate files filled with a multitude of information, including music. I love the shuffle feature; with a tap of the screen it allows me to change what I am listening to immediately. Imagine if that feature could be applied to any situation and with a simple tap we could all edit the direction and content of any conversation. The possibilities are endless! I would love to sit in a health care public policy forum with the ability to redirect the discussion.

Advocacy initiatives have become a major part of our program services in the past year. We not only advocate for people affected by lupus and other autoimmune diseases but also for health care reform and patient access to care issues which affect each and every American. We have been fighting state and federal policies that negatively impact Americans' ability to get the most appropriate treatments for their medical conditions. Having accessibility to the best therapies prescribed by a healthcare professional familiar with a patient's individuality is extremely important to us. Other initiatives include: health care reform and its implementation; protecting entitlement programs; providing positive patient protections, fail first/step therapy, specialty tier, and therapeutic switching policies; and advancing health information technology. We are committed to ensuring that all Americans can receive and afford the most appropriate therapies as prescribed by their treating physicians and that these decisions are not based solely on cost. We are hopeful that through our efforts, Americans will become more proactive in their own healthcare and also become informed about the public policy process.

Our awareness, education, and research programs remain intact, especially since we are the lead NYS Lupus Agency running the Annual Lupus Awareness Day in the State Capital in May and the Lupus Exhibit Booth at the State Fair and continue to promote and present our "Hope is on the Horizon" program to educate consumers on the importance of clinical research trials in getting new treatments to patients. It is our hope that all drug development and discoveries continue to progress rapidly to improve patient quality of life and we are extremely committed to supporting the best lupus research in the country. As you are all aware, we currently donate one-third of our income each year to support The Lupus Research Institute. Their latest newsletter is mailed to you along with our publication and when you read it you will understand why the LRI is the best choice for us to fund.

With the advancement of technology in today's world also comes with it the realization that our current education programs need to be revamped, especially in the way we deliver services. We understand that many of you are just as busy as we are in this complicated, multi-tasking, overwhelming world. We are evaluating our existing programs and will update you with any modifications as we move forward. This fall our Board of Directors evaluated our current Bylaws and have decided to modify a few sections to more accurately reflect the organization's direction. Please read the proposed changes on pages 10-12 and contact us with any input.

As long as our health care system remains imperfect and unequal, patient advocacy organizations like ours will continue to play a major role by raising our voices in objection. If we can positively change the policies of a single clinic, hospital, doctor's office, pharmacy, insurance company, health plan administrator, legislator, government agency or public official then our efforts are worthwhile. If you have a personal story about a health care access issue that has impacted you or someone you love then please share it with us.

Like a snowball hurling down a mountainside, gaining momentum with each revolution, we will continue forward with our advocacy efforts to improve the health and well-being of all; not only in the lupus community, but also within our state and nation. We are here for you.

*Stay Warm and Well—Kathleen*

# *Memorials, Tributes, and Donations*

## Memorials

*In Loving Memory of...*

*Angelo J. "Joe" Marotta-  
Frank & Lyn Soja*

*Marie A. "Mi Mi" Arcuri  
Angelo L. "Ang" Ciotti*

*Terrance P. Terry Ledger*

*Carmen Caputo, Josephine Steph  
Evangelline T. Valenzi*

*Gloria R. Morreale, Joanne G. McBee  
Gregory Miserantino*

*Jeanette (Bonacci) Beratta*

*Mrs. "Bea" Cameron*

*Angelo P. Cataldo*

*Theresa M. Pauletich*

*George H. Ruben Jr.*

*Rosemary A. Dumas*

*Robert A. Ciancaglini*

*Ivy M. Roberts, John "Jack" Williams*

*Grace M. Roy, Jean Zurek*

*Ginnie Sisti, Victor Altamuro*

*Carmen Caruso, Joseph F. Teti*

*Marie T. 'Mazza' Brennan*

*Andrew "Andy" Gambino*

*James V. "Jimmy" Luvera*

*Josephine Morreale, Theresa Marconi*

*Frank A. DePostene, Marilyn C. Widrick*

*Salvatore "Sam" Brutto*

*Josephine Zangrilli*

*Carmella Diflo*

*Antoinette "Toni" LoConti-*

*Dan LoConti*

*Bonnie J. Martin-*

*Kay J. Falcone*

*Jim, Mary Alice & Tom Mitchell-*

*Jane Williams*

*Brooke N. Walseman-*

*Mrs. Doris Walseman*

*Mary A. Caruso-*

*Phil & Phyl Cittadino*

## Tributes

*In Loving Honor of...*

*Cathy Walseman-  
Laury Kerr & Eric Roderick*

*Kelly Bunce-  
Sandra Combs*

*Sandi Frear & Kathleen Arntsen-  
Helen E. Cassin*

*David & Kathleen Arntsen's Birthdays-  
James & Patricia Mitchell*

*Rocco & Monica Falitico-  
Virginia Merola*

*Patricia A. Mitchell's Birthday-  
David & Kathleen Arntsen*

## *For Christmas*

*Ben & Hazel Druck-  
Keith & Judy Routson*

*David & Kathleen Arntsen-  
Dan & Lois Rumfelt*

*Dan & Lisa Mitchell,  
Linda Arntsen,*

*Dan & Lois Rumfelt,*

*Don & Sue Arntsen-*

*David & Kathleen Arntsen*

## Donations

*CFC, SEFA, United Way, IBM, GE,  
American Express, United Health,  
and Pfizer Employee Donor Plans*

*Jill Anne Smith*

*Donna Gloo*

*Ellen Gloo*

*Marc & Diane Chevrier*

*Sonya Linakis*

*Blaine M. DeGolier, CPA*



A limited number of pieces of Coolibar Sun Protective Clothing are available for a discounted price of \$20 per item. Please call the office for more information on styles and sizes.

Beanie Bears are also available for \$10 each  
Lupus ends with US in white  
Someone I Love has LUPUS in dark brown

## SAVE THE DATE

### GENERAL EDUCATION MEETING

Informal Chat for those affected by lupus  
Tuesday, March 27, 2012 6:30 PM to 8:30 PM  
Rosetti Education Center at Madison-Oneida BOCES  
4937 Spring Rd. Verona, NY 13478

4th ANNUAL NYS LUPUS AWARENES EVENT  
Wednesday, May 9, 2012 9:00 AM to 2:30 PM  
LOB WELL in Albany, NY

12th ANNUAL LUPUS CHARITY GOLF CLASSIC  
Friday, August 10, 2012 1:00 PM Shotgun Start  
Shenendoah Golf Club at Turning Stone Resort  
Verona, NY



Lupus  
Research  
Institute



LUPUS Agencies of NYS



Lupus  
Research  
Institute  
National Coalition

The Lupus Foundation of Mid & Northern NY, Inc.  
is proud to be a member of the

- ◆ National Coalition of Autoimmune Patient Groups
- ◆ Lupus Research Institute National Coalition
- ◆ NIAMS Coalition
- ◆ Lupus Agencies of New York State
- ◆ NIAMS Lupus Federal Working Group
- ◆ NY Health Works

# Clinical Trial Opportunities

## LUPUS TRIALS

The SUNY Upstate Medical University  
Syracuse, NY

is conducting clinical research studies on

### Basic research

Metabolic control of systemic autoimmunity

Role of the HRES-1/Rab4 Locus in SLE

Mitochondrial Hyperpolarization in Lupus T cells

### Clinical studies

Treatment of SLE with N-acetylcysteine

Prospective study of Rapamycin for SLE treatment

For more information please call:

Andras Perl, MD PhD at (315) 464-4194

Irene Ramos at (315) 464-5247

## THE LUPUS FAMILY REGISTRY AND REPOSITORY

The LFRR is actively researching the different ways in which SLE affects various ethnic groups. Families with one or more living members diagnosed with lupus may be eligible for one of the following studies:

- Minorities and Lupus
- African American Studies
- Hispanic American Studies
- American Indian Studies
- Asian American Studies
- All Ethnicities
- Families with one lupus patient
  - Families with two or more lupus patients
- Unrelated volunteers also needed

For more information, please visit  
<http://lupus.omrf.org> or call a recruiter,  
toll-free at 1.888.655.8787 (1.888.OK.LUPUS)



## LUPUS RESEARCH OPPORTUNITIES

The University of Rochester is recruiting patients to participate in a clinical research study on an investigational drug.

If you are 18 years of age or older and have been diagnosed with LUPUS you may qualify.

If you qualify you will receive study medication and study related medical exams at no cost and compensation for your time and travel.

For more information please call:  
Maria Allen at (585) 275-7167

University of Rochester  
Clinical Immunology Research Center  
601 Elmwood Avenue Rochester, NY

# AUTUMN EVENT MEMORIES



“Life Without Lupus Gala 2011: A Night at the Museum” took place on November 21, 2011 at The American Museum of Natural History in NYC. Pictured above left to right: Steve Romacki & Julie Mersereau from the Lupus Foundation of Genesee Valley NY; Dr. Marc Chevrier; Vivian Fernandez, Sr. Manager of Medical Affairs from Human Genome Sciences; Maryann & Brent Jacquet; and Kathleen & David Arntsen from the Lupus Foundation of Mid & NNY. Over \$2 million dollars was raised for lupus programs.



Pictured above left to right: Lupus Research Institute National Coalition Member Leaders Honi Kurzeja, Lupus Alliance of America, UNY Affiliate; JoAnn Quinn, Lupus Alliance of America, LI/Queens Affiliate; Kathleen Arntsen, Lupus Foundation of Mid & NNY; and Julie Mersereau, Lupus Foundation of Genesee Valley NY at the SLE Lupus Foundation Gala. Pictured to the right: Lupus Foundation of Mid & NNY Board Member Jaime Venditti (left) and Volunteer Julie Miner (right) with Paul Gileno, US Pain Foundation President (center) enjoying the wonderful meal and entertainment at the Life Without Lupus Gala 2011 at The American Museum of Natural History.



Pictured above: LFMNNY Members Dr. Marc Chevrier and his lovely wife Diane at the Night at the Museum Life Without Lupus Gala 2011.



LRI National Coalition Members attended the American College of Rheumatology Annual Scientific Meeting November 5-9, 2011 in Chicago. Pictured above left to right: Kathleen Arntsen, President/CEO Lupus Foundation of Mid & NNY, LRI President Peggy Dowd, Sandi Frear, Volunteer LFMNNY, and Julie Mersereau, Board Chair Lupus Foundation of Genesee Valley NY. Pictured to the right: Lupus Foundation of Mid & NNY President/CEO Kathleen Arntsen (left) and Education Director Sandi Frear (right) present Human Genome Sciences Representatives Gregory Keenan, VP of Medical Affairs and Vivian Fernandez, Sr. Manager of Medical Affairs with our Annual Appreciation Award at the ACR Annual Scientific Meeting in Chicago.





# TWELFTH ANNUAL LUPUS CHARITY GOLF CLASSIC

AUGUST 10, 2012  
Shenendoah Golf Club

Turning Stone Resort Casino



## SPONSORSHIP FORM

Corp. Name: \_\_\_\_\_

Attention: \_\_\_\_\_

Address: \_\_\_\_\_

City/ State/ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

**\$6,000 EVENT Sponsor** – Complimentary Foursome, logo display on event & tee gift, dinner tables, carts, banner display, tee sign, program listing, dinner recognition

**\$4,000 DINNER Sponsor** – Complimentary Foursome, logo display on dinner tables, banner display, tee sign, program listing, dinner recognition

**\$2,500 LUNCHEON Sponsor** – Complimentary Foursome, logo display on luncheon counter, banner display, tee sign, program listing, dinner recognition

**\$1,500 CART Sponsor** – Complimentary Foursome, logo display on carts, banner display, tee sign, program listing, dinner recognition

**\$1,000 PLATINUM Sponsor** – Complimentary Foursome, banner display, tee sign, program listing, dinner recognition

**\$500 GOLD Sponsor**  **\$250 SILVER Sponsor**  **\$100 BRONZE Sponsor**  
Tee sign, program listing

**Other Donation** – Please list \_\_\_\_\_

\*All foursomes include 18 holes of golf w/cart, lunch, and dinner for four

For additional information call: 315-829-4272 or 1-866-2-LUPUS-4 or E-mail [lupusmidny@aol.com](mailto:lupusmidny@aol.com)

Please make checks payable to: **The Lupus Foundation**  
**P.O. Box 139**  
**Utica, NY 13503**

**Thank You!**

**The Board of Directors unanimously approved the changes to our Bylaws listed below at their February 1, 2012 Board Meeting. There is a General Meeting on March 27, 2012 where these proposed changes will be discussed and voted on by those members in attendance. Please contact Kathleen at 315-829-4272 if you have any questions.**

## **LUPUS FOUNDATION OF MID AND NORTHERN NEW YORK, INC.**

### **BYLAWS**

*Revised 09/05*

#### **ARTICLE I NAME, LOCATION AND PURPOSE**

##### **Section 1. Name**

This organization shall be known as The Lupus Foundation of Mid and Northern New York, Inc. in all legal and social reference in accordance with the Charter issued by the State of New York on the 30<sup>th</sup> day of March in the year 1978.

##### **Section 2. Location**

The office of the organization shall be located in Oneida County and/or in one of the other county localities served by the organization such as: Madison, Herkimer, Otsego, Jefferson, Lewis or St. Lawrence.

##### **Section 3. Purpose**

The purposes of the organization shall include:

- To encourage research to discover the causes and improve the methods of treating, diagnosing, preventing, and curing lupus erythematosus.
  - To promote programs of public education and awareness about lupus.
  - To provide patient education and encourage moral support and understanding for lupus patients and their loved ones.
  - To promote the exchange of knowledge about lupus and cooperate with the medical community to improve the standards of diagnosis, care, treatment, and services to those suffering from lupus.
  - To advocate for those affected by lupus.
  - To provide for such services that would benefit and improve the health and welfare of lupus patients.
  - To raise, disburse and administer funds in order to accomplish the aforementioned purposes.
- Our mission is: ***To improve the quality of life for those affected by lupus through advocacy, education, awareness, empowerment, and research.***

This organization shall be non-profit in nature. All officers and members shall serve without remuneration and no profits shall proceed to any officer or member of the organization. Personal expenditures assumed by any officer or member while in the performance of organizational duties may be reimbursed, provided that all such prior expenditures received prior authorization from the President/CEO.

Records of the activities of this organization shall be available, upon request, to accredited representatives of the State of New York.

**ARTICLE II  
MEMBERSHIP**

**Section 1. Membership**

Membership in this organization shall be open to all persons, regardless of age, race, creed, sex or national origin who are interested in accomplishing the purposes set forth in Article I, Section 3 of these bylaws.

**Section 2. Dues**

The rate of annual dues shall be established by the Executive Board. Dues are payable as of October 1 at the beginning of the fiscal year. New members joining three months prior to the end of the fiscal year shall be considered current members until the end of the following fiscal year.

**(The above Membership section will be eliminated and Article III below will become Article II, and Article IV will become Article III)**

**ARTICLE III  
EXECUTIVE BOARD OF DIRECTORS**

**Section 1. Executive Board**

The business affairs of this organization, consistent with the purposes set forth in Article I, Section 3, of these bylaws, shall be managed by an Executive Board of Directors. The Board shall consist of five (5) duly elected officers whose tenure shall be three (3) years, and not less than four (4) and not more than nine (9) duly elected members whose tenure shall be two (2) years.

**Section 2. Meetings**

Regular meetings of the Executive Board shall be held at the discretion of the President/CEO and the Executive Board members. The dates of such meetings shall be fixed by the Board. Notices of such meetings shall be mailed to each Board member, ten (10) days prior to such meetings.

Special meetings of the Executive Board may be called by the President/CEO, or by the written and signed request of at least one-third (1/3) of the members of the board. Such request shall state the business to be transacted at the meeting, and no other business shall be considered thereat, and notification of such meeting shall be made ten (10) days prior in writing.

A majority of the Executive Board, excluding the President/CEO, shall constitute a Quorum for all Regular or Special meetings. If a quorum is not present, items on the agenda may be discussed but not acted upon. The President/CEO may only vote in the case of a tie.

**ARTICLE IV  
OFFICERS**

**Section 1. Officers**

The officers of this organization shall be as follows:

President/CEO	Secretary
Vice President	Chairman of the Board
Treasurer	Board of Directors

The President/CEO shall appoint a Nominating Committee that will be a standing committee throughout the year. This committee shall consist of five (5) persons, three (3) from the Executive Board of Directors and two (2) from the general membership. The Chairman shall be a member of the Executive Board appointed by the President/CEO. The Nominating Committee shall recommend names of persons to fill vacancies to the Executive Board.

## Section 2. **Duties**

President/CEO - It shall be the duty of the President/CEO to: preside at all meetings; supervise and direct all auxiliary activities; appoint all chairpersons of standing and special committees; serve as a member, ex-officio, of all committees, (except Nominating); assign to any officer or Board member such duties as relate to the advancement of the purposes set forth in Article I, Section 3 of these bylaws; be the representative at all pertinent meetings; co-sign checks with the Treasurer; and ensure that all books, records, certificates and reports as required by law and sound accounting principles be properly kept and filed. The President/CEO shall also have any other powers as may be reasonably construed as those normally belonging to the chief executive of any legal organization.

Vice President – The Vice President shall act as President/CEO, in the absence or inability of the President/CEO to exercise his office, and in so acting, shall have the same rights, duties, privileges and power as the President/CEO. The Vice President shall assist the President/CEO with any other duties as the President/CEO so directs.

Treasurer – It shall be the duty of the Treasurer to: have the care and custody of all monies and assets belonging to the organization; record and deposit all monies received; pay all bills in accordance with authorizations from the President/CEO; co-sign checks with the President/CEO; aid in filing year-end reports and assist the President/CEO with any other duties as the President/CEO so directs.

All funds of this organization shall be deposited in a local financial institution, approved by the Executive Board. All checks or other instruments of withdrawal must have two signatures, being that of the President/CEO, Vice President or Treasurer. The Executive Board must approve any expenditure in excess of \$500.00.

Secretary – It shall be the duty of the Secretary to: record the minutes of each Executive Board of Directors Meeting; maintain current listings of all committees appointed by the President/CEO; assist the President/CEO with any other duties as the President/CEO so directs.

Chairman of the Board – The Chairman of the Board shall preside over Executive Board Meetings and shall be an official representative of the organization on such occasions as requested by the President/CEO or Executive Board of Directors.

Board of Director – It shall be the duty of the Board of Director to: oversee the financial integrity and fiscal responsibilities of the organization; and insure that the purposes set forth in Article I, Section 3 of the bylaws are followed.

Any Officer or Director may be removed without cause by an affirmative vote of three-fourths (3/4) of the entire Executive Board whenever it is judged that the best interest of the organization will thereby be served.

## Section 3. **Amendments**

Any Amendments to the Bylaws shall first be approved by a majority vote of the Board of Directors, followed by a thirty (30) day written notification of the change to each member of the organization and then by a majority vote of the general membership at the next General Meeting.

**(The above section will be changed to read:**

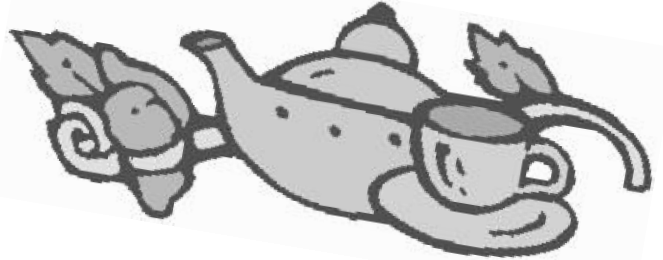
**Any Amendments to the Bylaws shall be approved by a majority vote of the Board of Directors.)**

# AN INVITATION TO CELEBRATE WORLD LUPUS DAY

**WHAT:** Victorian Tea

**WHERE:** Your Home

**WHEN:** May 10, 2012



## Recipe for a successful tea party:

1. *Dust off the stove*
2. *Find the teapot (a mug & microwave will also work)*
3. *Cookies Optional*
4. *Take the phone off the hook*
5. *Kick off your shoes*
6. *Put your favorite music on the stereo*
7. *Write out your donation check*

Please consider supporting the Lupus cause this Spring by participating in our World Lupus Day Victorian Tea. Proceeds from this non-event will be used to fund our Organization's Program Services:

Newsletter Printing & Postage

Lupus Awareness and Education Programs

Continued Training to update our leaders on lupus information

Distribution of lupus materials for awareness & education events and inquirer packets

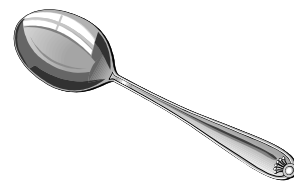
Telephone hotline and website

*Please make checks payable to:*

***Lupus Foundation***

***PO Box 139***

***Utica, New York 13503***



***Thank you for your Consideration and Support!!!***

***The Lupus Foundation of Mid and Northern New York, Inc. is a tax-exempt charitable organization eligible to receive tax-deductible contributions under IRS Code Section 501(c)(3). Our federal tax identification number is 16-1083229 and a copy of our latest annual report may be obtained upon request from us or The NYS Attorney General's Charities Bureau at 120 Broadway, NY, NY 10271. For more information on our event please contact us by phone at 315-829-4272 or e-mail [lupusmidny@aol.com](mailto:lupusmidny@aol.com).***

# Prescription Resources

## PRESCRIPTION ASSISTANCE PROGRAMS

**Partnership for Prescription Assistance** brings together America's pharmaceutical companies, doctors, other health care providers, patient advocacy organizations and community groups to help qualifying patients who lack prescription coverage get the medicines they need through the public or private program that's right for them. Many will get them free or nearly free. 1-888-4PPA-NOW  
[www.pparx.org](http://www.pparx.org)

**Pfizer Helpful Answers®** is a family of assistance programs for the uninsured and underinsured who need help getting Pfizer medicines. These programs provide Pfizer medicines for free or at a savings to patients who qualify. Some programs also offer reimbursement support services for people with insurance. Whether you are prescribed a Pfizer or a Wyeth medicine, Pfizer is committed to helping patients in need get access to their medicines. Learn more about the Pfizer and Wyeth Patient Assistance Programs.  
[www.PfizerHelpfulAnswers.com](http://www.PfizerHelpfulAnswers.com)

**Together RX** has A FREE prescription-savings card for eligible residents of the United States and Puerto Rico who have no prescription drug coverage. A public service program created and sponsored by a group of some of the world's largest pharmaceutical companies. 1-800-444-4106  
[www.TogetherRxAccess.com](http://www.TogetherRxAccess.com)

A co-pay relief program (cpr) provides co-payment assistance to insured Americans who financially and medically qualify 1-866-512-3861 [www.copays.org](http://www.copays.org)

**RxAssist** offers a comprehensive database of these patient assistance programs, as well as practical tools, news, and articles so that health care professionals and patients can find the information they need. [www.rxassist.org](http://www.rxassist.org)

Programs that assist with medication co-pays  
[www.rxassist.org/patients/res-co-pays.cfm](http://www.rxassist.org/patients/res-co-pays.cfm)

**RxHope** is the only patient assistance Internet initiative financially supported by PhRMA, Pharmaceutical and Research Manufacturers of America and participating pharmaceutical companies.  
[www.rxhope.com](http://www.rxhope.com)

**NeedyMeds** provides information for people who need help with the cost of medicine and other health-care expenses. [www.needymeds.com](http://www.needymeds.com)

**The Healthwell Foundation®** is a 501(c)(3) non-profit organization established in 2003 that is committed to addressing the needs of individuals with insurance who cannot afford their copayments, coinsurance, and premiums for important medical treatments. Our vision is to ensure that no patient goes without health care because they cannot afford it. <http://healthwellfoundation.org/>

**Map RX** is a coalition of patient, family caregiver and health professional organizations committed to safeguarding the well-being of patients with chronic diseases and disabilities under Medicare Prescription Drug Coverage. <http://www.maprx.info/>

**Chronic Disease Fund®** is a non-profit, full service financial and medication assistance organization. We exist to improve the health and quality of life of patients battling chronic disease, cancer or other life-altering conditions who cannot afford the medications they so desperately need.  
<http://www.cdfund.org/>

## **CORPORATE ASSISTANCE PROGRAMS**

### **Abbott Patient Assistance Program**

The Abbott Patient Assistance Program (PAP) provides Abbott medications, at no cost, to patients in financial need.

### **AstraZeneca Patient Assistance Program**

Provides information about AstraZeneca's assistance programs.

### **Bridge to Access**

GlaxoSmithKline's patient assistance program for non-oncology medicines, provides GSK prescription medicines to eligible low-income patients without prescription drug benefits.

### **MerckHelps**

Merck & Company provides its medicines and adult vaccines for free or at discounts to people who do not have prescription drug or health insurance coverage and who, without our assistance, cannot afford their Merck medicine and vaccines.

### **Novartis Patient Assistance Program**

Novartis Pharmaceuticals Corporation's Patient Assistance Program (PAP) provides assistance to patients experiencing financial hardship who have no third party insurance coverage for their medicines.

### **Pfizer Patient Assistance**

An index of patient assistance programs offered by Pfizer, Inc.

## **DRUG INFORMATION**

Internet Drug Index  
[www.rxlist.com/](http://www.rxlist.com/)

Drug Finder  
<http://gsm.about.com/compact/monograph.asp>

Kidney Disease drug information  
[www.kidneydrugcoverage.org](http://www.kidneydrugcoverage.org)

*12th Annual*



**LUPUS**  
Charity Golf Classic

**Shenandoah Golf Club  
at  
Turning Stone Resort**

**Friday, August 10, 2012**

Proceeds Benefit The:

**LUPUS FOUNDATION  
of Mid and Northern New York, Inc.**

## **A Premier Charity Golf Tournament**

Registration - 11:30 AM

Shotgun Start - 1:00 PM

Tournament Format: Captain & Crew 4-Person Scramble

**LUNCH - GOLF - AWARDS BANQUET - PRIZES**

Accepting Registration for:

Teams - Pairs - Individual Golfers

Men, Women, Senior and Co-Ed Categories

Early Registration by July 15th \$175 per golfer

Registration after July 15th \$200 per golfer



**Help to Make a Difference for those Affected by Lupus  
While enjoying a great round of golf**

**Honorary Chairman - Donald A. Raddatz, MD  
Bassett Healthcare Rheumatologist**

For more information on Registration, Sponsorships or Prize Donations  
Call 315-829-4272 or e-mail [lupusmidny@aol.com](mailto:lupusmidny@aol.com)  
or visit our website [www.nolupus.org](http://www.nolupus.org)